

# Healing Animals and Allowing Animals to Help Heal Us

Mary Lemons

*Founder of Inner Awakenings, a  
holistic healing practice for all species*



Rev. Violet Schonhardt

*Founder of Schonhardt Integrative Healing Method and  
Director of USLC's Integrative Healing Ministry*

*In this experiential workshop you will learn how to:*

- Practice Energetic First Aid, that can be used on any animal, domestic or wild;
- Access your intuitive ability to communicate with animals, and recognize how animals can be avenues for your own healing;
- Use the Sacred Heart Blessing to envelope your pet in self-awareness and self-love;
- Live successfully with your pet, applying practical solutions to everyday problems to create positive, loving relationships with your pet in creative ways.



**Unity Spiritual Life Center ~ 2604 Carver Street, Durham, NC**

**Sunday, October 23**

**1:00-5:00 p.m.**

*(Love Offering ~ suggested \$20)*